Before you can inspire with emotion you must be swamped with it yourself. Before you can move their tears your own must flow. To convince them, you must yourself believe.

- Winston Churchill

In the face of unjust criticism we can become bitter or better; upset or understanding; hostile or humble; furious or forgiving.

- William Arthur Ward -

Seek out that particular mental attribute which makes you feel most deeply and vitally alive, along with which comes the inner voice which says, 'This is the real me,' and when you have found that attitude, follow it.

- William James -

The fish trap exists because of the fish. Once you've gotten the fish you can forget the trap. The rabbit snare exists because of the rabbit. Once you've gotten the rabbit, you can forget the

snare. Words exist because of their meaning. Once you've got the meaning, you can forget the words. Where can I find a man who has forgotten words so I can talk with him?

-Chuang Tzu

The intuitive mind is a sacred gift and the rational mind is a faithful servant. We have created a society that honors the servant and has forgotten the gift.

-Albert Einstein

Mind is not your intelligence.

It may sound strange but this is a truth, that mind is not your intelligence. Mind can be intellectual, which is a very poor substitute for intelligence. Intellectuality is mechanical. You can become a great scholar, a great professor, a great philosopher, just playing with words which are all borrowed, arranging and rearranging thoughts, none of which are your own.

The intellect is absolutely bankrupt. It has nothing of its own, all is borrowed. And that's the difference between intelligence and intellect.

Intelligence has an eyesight of its own, a capacity to see into things, into problems.

Intelligence is your born quality.

-From Osho International Foundation

In dwelling, be close to the land.
In meditation, go deep in the heart.
In dealing with others, be gentle and kind.
In speech, be true. In ruling, be just.
In daily life, be competent.
In action, be aware of the time and the season.
No fight: No blame.

Knowing others is wisdom; Knowing the self is enlightenment. Mastering others requires force; Mastering the self needs strength.

He who knows he has enough is rich.

Perseverance is a sign of willpower.

He who stays where he is endures.

To die but not to perish is to be eternally present.

The unexamined life is not worth living.

-Socrates

We cannot teach people anything; we can only help them discover it within themselves.

-Galileo Galilei

The high minded man must care more for the truth than for what people think.

-Aristotle

You can gain strength, courage and confidence by every experience in which you really stop to look fear in the face... You must do the thing which you think you cannot do.

-Eleanor Roosevelt

To know oneself is to study oneself in action with another person.

- Bruce Lee

A great marriage is not when the "perfect couple" comes together. It is when an imperfect couple learns to enjoy their differences.

-Dave Meurer

Happiness doesn't depend on outward conditions. It depends on inner conditions. It isn't what you have or who you are or where you are or what you are doing that makes you happy or unhappy. It is what you think about it.

- Dale Carnegie-